

Where to go to have a blood test? Updated for current COVID-19 pandemic

In light of the COVID-19 virus, we have taken steps to protect the public and our patients and staff.

- A number of the usual blood testing locations have been closed to reduce patient footfall, support social distancing and optimise our resources.
- For children under 12, blood tests will only be carried out on the advice of a consultant paediatrician.

Please note that this information is subject to change.

<p>Queen's Hospital</p>	<p>A limited service will operate for our maternity and oncology services.</p> <p>If you are one of these patients, you will already have been informed how to have your blood test.</p>	<p>Rom Valley Way, Romford, Essex, RM7 0AG Appointment only. Ground floor in the Main Entrance. Phone Queen's Hospital 01708 435498 <i>(For children under 3 yrs old only: tests are done by appointment - 01708 435289 – in Children's Outpatients.)</i></p>
<p>King George Hospital</p>	<p>All other patients (including children under 12s) are advised to contact their referrer for advice.</p>	<p>Barley Lane, Goodmayes, Essex, IG3 8YB Appointment only. Ground floor, Outpatients Dept. Phone King George Hospital 020 8970 8383 <i>(For children under 3 yrs old tests are done by appointment - 01708 435289 – in Children's Outpatients at Queen's Hospital.)</i></p>
<p>Barking Hospital * By appointment only from 30 March 2020</p>	<p>7am to 2.45pm Monday – Friday</p> <p>By appointment only</p>	<p>Upney Lane, Barking, Essex, IG11 9LX Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 (office hours only) Telephone lines can get very busy and it is recommended that patients book online</p>
<p>Barley Court Clinic (Goodmayes Hospital) *</p>	<p>8am to 3.45pm Monday to Friday</p> <p>By appointment only</p>	<p>Barley Court Clinic, Goodmayes Hospital, 157 Barley Lane, Ilford, IG3 8XJ Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 or 0300 555 1045 (office hours only) Telephone lines can get very busy and it is recommended that patients book online</p>

If you are not fasting for your blood test, it may be advisable to arrive after noon for your test when wait times are generally shorter.

* Service provided by NELFT ** Service provided jointly by NELFT and BHRUT ≈ Service provided by The Hurley Group □ Service provided by Barts Health

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<p>Chadwell Heath Clinic * By appointment only from 30 March 2020</p>	<p>8.30am to 3.30pm Mondays, Wednesdays and Fridays (closed 12.30pm - 1.30pm for lunch)</p> <p>By appointment only</p>	<p>Ashton Gardens, Dagenham, Essex, RM6 6RT Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 (office hours only) Telephone lines can get very busy and it is recommended that patients book online</p>
<p>Church Elm Lane Health Centre *</p>	<p>8.30am to 3.30pm Mondays, Wednesdays and Fridays only</p> <p>By appointment only</p>	<p>169 Church Elm Lane, Dagenham RM10 9RR Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 (office hours only) Telephone lines can get very busy and it is recommended that patients book online</p>
<p>Elm Park Clinic *</p>	<p>8.30am to 12.15pm Monday to Friday</p> <p>By appointment only</p>	<p>252 Abbs Cross Lane, Hornchurch, Essex RM12 4YG Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 555 1045 (office hours only) Telephone lines can get very busy and it is recommended that patients email to book an appointment</p>
<p>Forest Medical Centre ☐ Redbridge patients only</p>	<p>8.30am to 12.30pm Monday to Friday</p> <p>Please note: only patients who would usually access the Wanstead/ Whipps Cross site should use the facilities at Forest Medical Centre or Whipps Cross. Due to different systems, results are not available for patients who would not normally use those services.</p>	<p>Old Station Road, Loughton, Essex, IG10 4PE Walk in Service, no appointment necessary. No children under 10. Redbridge patients only Telephone number: (020) 8539 5522</p>

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<p>Harold Hill Health Centre * By appointment only from 30 March 2020</p>	<p>8.45am to 12.15pm Monday to Friday By appointment only</p>	<p>Gooshays Drive, Romford, RM3 9SU Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 555 1045 (office hours only) Telephone lines can get very busy and it is recommended that patients book online</p>
<p>Harold Wood Polyclinic ≈ By appointment only from 8 June 2020</p>	<p>8am to 12pm Monday – Friday By appointment only</p>	<p>St Clements Avenue, Off Gubbins Lane, Harold Wood RM3 0FE. Appointment only. Phone 020 3416 7711 (please note new number) No children under 16.</p>
<p>Loxford Polyclinic *</p>	<p>8am to 3.30pm Monday to Friday By appointment only</p>	<p>Ilford Lane, Ilford, IG1 2SN Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 or 0300 555 1045 (office hours only) Telephone lines can get very busy and it is recommended that patients book online</p>
<p>Porters Avenue Clinic *</p>	<p>8.30am – 2.30pm Tuesdays, Wednesdays and Thursdays only By appointment only</p>	<p>234 Porters Avenue, Dagenham, Essex, RM8 2EQ Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704 (office hours only) Telephone lines can get very busy and it is recommended that patients book online</p>

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<p>Victoria Hospital * By appointment only from 30 March 2020</p>	<p>8.30am – 12.30pm Monday – Friday By appointment only</p>	<p>Pettits Lane, Romford, Essex, RM1 4HP Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 555 1045 (office hours only) Telephone lines can get very busy and it is recommended that patients book online</p>
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