

Where to go to have a blood test? Updated for current COVID-19 pandemic

In light of the COVID-19 virus, we have taken steps to protect the public and our patients and staff.

A number of the usual blood testing locations have been closed to reduce patient footfall, support social distancing and optimise our resources.

For children under 12, blood tests will only be carried out on the advice of a consultant paediatrician.

Please note that this information is subject to change.

<p>Queen's Hospital</p>	<p>A limited service will operate for our maternity and oncology services. If you are one of these patients, you will already have been informed how to have your blood test.</p>	<p>Rom Valley Way, Romford, Essex, RM7 0AG Appointment only. Ground floor in the Main Entrance. Phone Queen's Hospital 01708 435498 <i>(For children under 3 years old only: tests are done by appointment - 01708 435289 – in Children's Outpatients.)</i></p>
<p>King George Hospital</p>	<p>All other patients (including children under 12s) are advised to contact their referrer for advice.</p>	<p>Barley Lane, Goodmayes, Essex, IG3 8YB Appointment only. Ground floor, Outpatients Dept. Phone King George Hospital 0208 970 8383 <i>(For children under 3 years old tests are done by appointment - 01708 435289 – in Children's Outpatients at Queen's Hospital.)</i></p>
<p>Barking Hospital * By appointment only from 30 March 2020</p>	<p>7:00am – 2:45pm Monday – Friday By appointment only</p>	<p>Upney Lane, Barking, Essex, IG11 9LX Appointment only. Email: nem-tr.bloodappointment@nhs.net No children under 12. Telephone number: 0300 300 1704 (office hours only) Telephone lines can get very busy and it is recommended that patients email to book an appointment</p>
<p>Chadwell Heath Clinic * By appointment only from 30 March 2020</p>	<p>8:30am – 3:30pm Mondays, Wednesdays and Fridays (closed 12:30pm - 1.30pm for lunch) By appointment only</p>	<p>Ashton Gardens, Dagenham, Essex, RM6 6RT Appointment only. Email: nem-tr.bloodappointment@nhs.net No children under 12. Telephone number: 0300 300 1704 (office hours only) Telephone lines can get very busy and it is recommended that patients email to book an appointment</p>
<p>Forest Medical Centre □</p>	<p>8:00am – 12:30pm Monday - Friday</p>	<p>Old Station Road, Loughton, Essex, IG10 4PE Walk in Service, no appointment necessary. No children under 10. Redbridge patients only Telephone number: (020) 8539 5522</p>

If you are not fasting for your blood test, it may be advisable to arrive after noon for your test when wait times are generally shorter.

* Service provided by NELFT ** Service provided jointly by NELFT and BHRUT ≈ Service provided by The Hurley Group □ Service provided by Barts Health

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<p>Harold Hill Health Centre * By appointment only from 30 March 2020</p>	<p>8:45 – 12:15pm Monday – Friday By appointment only</p>	<p>Gooshays Drive, Romford, RM3 9SU Appointment only. Email: nem-tr.bloodappointment@nhs.net No children under 12. Telephone number: 0300 555 1045 (office hours only) Telephone lines can get very busy and it is recommended that patients email to book an appointment</p>
<p>Harold Wood Polyclinic ≈ By appointment only from 8 June 2020</p>	<p>8:00 – 12:00pm Monday – Friday</p>	<p>St Clements Avenue, Off Gubbins Lane, Harold Wood RM3 0FE. Walk in Service, no appointment necessary. No children under 7. Telephone number: 01708 574000</p>
<p>Victoria Hospital * By appointment only from 30 March 2020</p>	<p>8:30am – 12:30pm Monday – Friday</p>	<p>Pettits Lane, Romford, Essex, RM1 4HP Appointment only. Email: nem-tr.bloodappointment@nhs.net No children under 12. Telephone number: 0300 555 1045 (office hours only) Telephone lines can get very busy and it is recommended that patients email to book an appointment</p>
<p>Porters Avenue Clinic *</p>	<p>8:30am – 2:30pm Tuesdays, Wednesdays & Thursdays By appointment only</p>	<p>234 Porters Avenue, Dagenham, Essex, RM8 2EQ Appointment only. Email: nem-tr.bloodappointment@nhs.net No children under 12. Telephone number: 0300 300 1704 (office hours only) Telephone lines can get very busy and it is recommended that patients email to book an appointment</p>
<p>Elm Park Clinic *</p>	<p>8:30am – 12:15pm Monday – Friday By appointment only</p>	<p>252 Abbs Cross Lane, Hornchurch, Essex RM12 4YG Appointment only. Email: nem-tr.bloodappointment@nhs.net No children under 12. Telephone number: 0300 555 1045 (office hours only) Telephone lines can get very busy and it is recommended that patients email to book an appointment</p>

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